



July 2019

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The Scoop

Twenty years ago, today (July 7), I lost my best friend. My friend and I were inseparable – we did everything together, we worked together, went to church together and even made decisions together. Some felt my relationship with my friend was unhealthy. Sure, it cost me jobs and financial security. It cost me two marriages and a close relationship with my children. But no one understood that my friendship gave me a sense of ease and comfort that I didn't think I could find anywhere else; it became the most important thing to me, I couldn't imagine life without it. Twenty years ago, today (July 7) I lost my best friend, alcohol. I thought my life was over, that I could never enjoy anything again. It took time and work, but I became OK – in fact, I became happy and fulfilled. I learned to replace the SENSE of ease and comfort I got from a drink with an ACTUAL ease and comfort that comes from living life sober, trusting God, and helping others do the same. Twenty years ago, today (July 7), I woke up sober and God willing I will stay that way, one day at a time!

Jeff H. (7/7/1999)

Step Seven

“Humbly asked Him to remove our shortcomings.”

Since this Step so specifically concerns itself with humility we should pause here to consider what humility is and what the practice of it can mean to us.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. With it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Tradition Seven

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

Self-supporting alcoholics? Who ever heard of such a thing? Yet we find that's what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no trouble money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody, usually money-wise. When a society composed

entirely of alcoholics says it's going to pay its bills, that's really news.

Winner of the Central Office Birthday Raffle

May Winner: Charlie P.

Drop into Central Office during your birthday month and get your ticket for the free Birthday Raffle.

Quotable Quotes

Collected by Dano B

1. If I change, then I make it a safe place for people around me to change. *Bob T.*

2. Genuine faith begins as an experiment and ends as an experience. *General Service Conference, 1951*

3. If there's only one interpretation of the Big Book, then why would we have Big Book studies. *Doug T.*

4. Step up to the mirror and have a good laugh because it's the funniest thing you're going to see all day. *Katie*

5. We just might be the most free of all societies.

6. My kids may not know how grateful they should be. *Stacey*

7. "Let go and let God" reminds me of Steps 1, 2, and 3 automatically.

8. A resentment can get you to the point where you don't even recognize yourself.

9. Alcohol controlled everything I did and everything I didn't do.

10. It doesn't matter how the jackass got in the ditch, just get him out.

11. I heard somebody laugh and I turned around and realized it was me.

12. I want other people to be the hero of their own life. I don't want to be their hero.

Word Game

COMPLACENCY; COURAGE; ENVY; FEAR;
GRATITUDE; GROWTH; HONESTY; HUMILITY; PAIN;
TROUBLE; PRIDE; OBSESSION; MEMBERSHIP; SLIPS;
TRUST; WORRY; ANGER; LOVE; GUILT; AMBITION

A	M	B	I	T	I	O	N	G	P	R	I	D	E
N	P	L	B	M	E	M	B	E	R	S	H	I	P
M	H	A	Y	C	N	E	C	A	L	P	M	O	C
T	N	E	D	U	T	I	T	A	R	G	L	V	I
O	R	L	O	V	E	N	B	I	T	U	N	R	O
B	A	O	T	G	U	I	L	T	R	R	N	E	H
S	P	H	U	E	G	A	R	U	O	C	U	U	B
E	A	A	O	B	G	R	O	W	T	H	M	S	I
S	N	E	I	N	L	S	F	U	H	I	Y	E	T
S	G	N	G	N	E	E	L	B	L	R	R	T	U
I	E	V	E	L	A	S	G	I	I	A	R	A	T
O	R	Y	T	R	U	L	T	I	P	R	O	U	O
N	S	V	E	I	O	Y	N	Y	E	S	W	A	A
V	M	B	C	T	Y	T	T	O	E	A	I	O	R

Business Meetings

A.V. Intergroup: 1st Thursday of each month at 7pm at Central Office, 43619 17th Street West, Suite 106, Lancaster

District 7 (General Service): 2nd Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce (link located on AV web site)

H&I: 2nd Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.) (link located on AV web site)

Coming Events

Local Events

Celebrate Freedom @ The Grange. Mid-day Mod Central Office Fundraiser. Starts July 4; 2:00pm. Cost \$5.
41843 50th St. W.; Quartz Hill

HDBB 16th Anniversary - Aug. 3, 2pm-6pm. Cost \$12 for Dinner
44818 20th St West, Lancaster

A.V. Round-Up. Starts Aug. 16, 11am., Ends Aug 18. Cost \$15.
44055 N. Sierra Hwy, Lancaster

Nearby Events

Tehachapi Mountain Round-Up Starts July 19, 12:00pm.
Ends July 21. Cost: \$20
18061 Arosa Road, Tehachapi, CA 93561. Indian Hill Ranch Campground

Great Outdoor Beaver Meeting, Starts Aug 29, 10:30am, Ends Sept. 1.
Cost: \$15
1419 E. Canyon Road, Beaver, UT 84713. At the Racetrack East of this address.

Other Events

61st Annual ICYPAA
Aug 22, 10:30am. Ends Aug 25
110 Huntington Ave. Boston, MA
Cost: \$35

For additional and up to date information, go to:
www.avcentralloffice.org

Concept 7

The Charter and ByLaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Misc. From "As Bill Sees It"

I Am Responsible

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Declaration of 30th Anniversary International Convention 1965

Eternal Values

Bill W. letter dated 1966

"Day by day, we try to move a little toward God's perfection. So we need not be consumed by maudlin guilt for failure to achieve His likeness and image by Thursday next. Progress is our aim, and His perfection is the beacon light-years away that draws us on."

"Not Allied with Any Sect..."

Bill W. letter dated 1954

"While A.A. has restored thousands of poor Christians to their churches, and has made believers out of atheists and agnostics, it has also made good A.A.'s out of those belonging to

the Buddhist, Islamic, and Jewish faiths. For example, we question very much whether our Buddhist members in Japan would ever have joined this Society had A.A. Officially stamped itself a strictly Christian movement.

"You can easily convince yourself of this by imagining that A.A. started among the Buddhists and that they then told you you couldn't join them unless you became a Buddhist, too. It you were a Christian alcoholic under these circumstances, you might well turn your face to the wall and die."

Pipeline to God

Bill W. letter dated 1950

"I am a firm believer in both guidance and prayer. But I am fully aware and humble enough, I hope, to see there may be nothing infallible about my guidance.

"The minute I figure I have got a perfectly clear pipeline to God I have become egotistical enough to get into real trouble. Nobody can cause more needless grief than a power-driver who thinks he has got it straight from God."

Dealing with Resentments

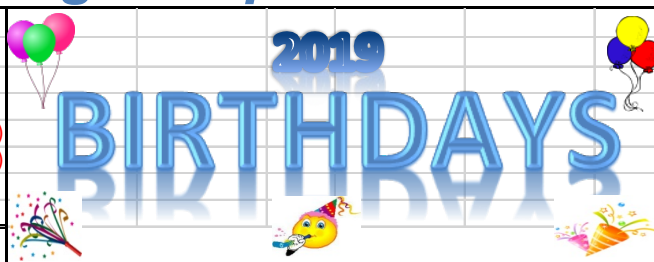
Bill W. letter dated 1949

"The most heated bit of letter-writing can be a wonderful safety valve—providing the wastebasket is somewhere nearby."

Remember what a drink used to cost? A suggestion: put that amount into the 7th Tradition basket at least once a week.

July 2019 Office Manager Report

	Jan - May '19	Jun '19	YTD Total
Sales of Goods	\$25,706.64	\$5,394.55	\$31,101.19
Expenses	(\$19,533.10)	(\$2,652.18)	(\$22,185.28)
Cost of Goods	(\$15,819.47)	(\$4,841.74)	(\$20,661.21)
Contributions	\$15,346.41	\$3,191.60	\$18,538.01
Net Income	\$5,700.48	\$1,092.23	\$6,792.71



Contributions

Group	Jan - May '19	Jun '19	2019 Total
A Gathering of Women	\$0.00		\$0.00
AM Mod	\$1,836.20	\$728.25	\$2,564.45
Anonymous	\$1,170.10	\$168.71	\$1,338.81
Any Lengths Group	\$0.00		\$0.00
AV Hospital - Rm #CR7	\$100.00	\$9.75	\$109.75
AV Men's Stag	\$423.00	\$323.00	\$746.00
AV Round-Up	\$0.00		\$0.00
AVYPBYOC	\$40.00		\$40.00
Birthday	\$146.00		\$146.00
Came to Believe	\$0.00	\$10.11	\$10.11
Crown Valley Grp	\$400.00		\$400.00
Daily Reflection	\$0.00	\$11.70	\$11.70
Dare to be Different	\$0.00	\$21.26	\$21.26
Faithful Fiver	\$1,051.82	\$286.20	\$1,338.02
Friday Noon - Alano	\$0.00		\$0.00
Gathering of Women	\$0.00		\$0.00
H & I	\$10.00		\$10.00
High Desert BB Grp	\$2,338.85		\$2,338.85
High Desert Hospital	\$0.00		\$0.00
I Am Big Book Study	\$0.00	\$10.70	\$10.70
Intergroup Fundraisers	\$1,312.46		\$1,312.46
Into Action	\$100.00		\$100.00
Joe & Charlie Book Study - Alano	\$0.00	\$14.60	\$14.60
Lake Hughes Group	\$81.00		\$81.00
Last Call	\$50.00		\$50.00
Little Red Book	\$0.00		\$0.00
Mid-Day Mod	\$737.85		\$737.85
New Beginnings	\$0.00	\$6.00	\$6.00
Open Door	\$0.00		\$0.00
Palmdale Grp	\$1,791.75	\$952.04	\$2,743.79
Pearlblossom Grp	\$720.00		\$720.00
PM Mod	\$1,066.39		\$1,066.39
Quartz Hill Unity Grp	\$780.00		\$780.00
Rainbow Grp	\$14.00		\$14.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$300.00	\$100.00	\$400.00
Sat AM Men's Stag	\$0.00		\$0.00
Sat Spkr Mtg - Alano	\$0.00	\$42.00	\$42.00
Sobriety Rocks - Alano	\$0.00	\$10.37	\$10.37
Spiritual Sunday - Alano	\$0.00		\$0.00
Steps Workshop	\$132.44	\$13.00	\$145.44
Sun Night BBS	\$40.00		\$40.00
The Promises - Alano	\$0.00	\$7.35	\$7.35
Tuesday Topic Mtg - Alano	\$0.00	\$11.00	\$11.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$217.50	\$332.06	\$549.56
Westside Grp	\$50.00		\$50.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$40.00		\$40.00
Women Seeking Serenity	\$397.05	\$133.50	\$530.55
TOTALS	\$14,949.36	\$3,191.60	\$17,967.46

Kevin B.	7/10/2014	5	Marc A.	7/28/2003	16
Eric R.	7/10/2012	7	Mary A.	7/1/2003	16
Lisa L.	7/24/2012	7	David S.	7/5/2002	17
Trevor B.	7/8/2012	7	Kelly O.	7/5/2001	18
Anacla J.	7/5/2011	8	Peter U.	7/24/2001	18
Cathy W.	7/6/2011	8	Samuel G.	7/23/2001	18
Deanna R.	7/11/2011	8	Martie M.	7/31/2000	19
Donna T.	7/18/2011	8	Rebecca S.	7/6/2000	19
John S.	7/7/2011	8	Val H.	7/24/2000	19
Mark P.	7/13/2011	8	Alicia B.	7/10/1999	20
Heather D.	7/4/2010	9	David L.	7/1/1999	20
Janet P.	7/28/2010	9	Gordy S.	7/11/1999	20
Natasha H.	7/28/2010	9	Jeff H.	7/7/1999	20
Paula T.	7/23/2010	9	Andrew H.	7/15/1998	21
Reyna H.	7/17/2010	9	Myrna T.	7/5/1998	21
Rusty R.	7/4/2010	9	Cottrell O.	7/19/1997	22
Stacia V.	7/2/2010	9	Jimmv R.	7/20/1996	23
David W.	7/6/2009	10	Lydia V.	7/27/1996	23
Dean M.	7/30/2009	10	Terry M.	7/15/1996	23
Jamie B.	7/27/2009	10	Addie T.	7/14/1995	24
John P.	7/5/2009	10	Bill G.	7/4/1995	24
Melinda W.	7/4/2008	10	Charles A.	7/27/1995	24
Bill G.	7/22/2008	11	Aaron A.	7/20/1994	25
Carol C.	7/19/2008	11	Pete K.	7/14/1994	25
Catherine J.	7/3/2008	11	Mike B.	7/6/1992	27
Randy D.	7/2/2008	11	Stephanie M.	7/8/1992	27
Steven V.	7/27/2008	11	Valentina S.	7/25/1992	27
Susan C.	7/28/2008	11	Brenda C.	7/17/1991	28
Yvette L.	7/19/2008	11	Dick O.	7/15/1991	28
Anna N.	7/15/2007	12	Jerry L.	7/4/1990	29
Anthony H.	7/5/2007	12	John W.	7/5/1990	29
Deena R.	7/13/2007	12	Rebecca R.	7/9/1990	29
John Carnev	7/19/2007	12	Herb S.	7/3/1989	30
Michael L.	7/9/2007	12	Sandra West	7/8/1989	30
Nancy C.	7/25/2007	12	Debbie S.	7/3/1988	31
Pat G.	7/6/2007	12	Annette K.	7/3/1987	32
Scott C.	7/16/2007	12	Diana C.	7/25/1987	32
Talisa C.	7/16/2007	12	Len T.	7/30/1987	32
Valerie D.	7/17/2007	12	Lorraine	7/30/1987	32
Brvan A.	7/5/2006	13	Marian G.	7/12/1987	32
Joe King	7/11/2006	13	Frank L.	7/16/1986	33
Kim J.	7/11/2006	13	Jeanie S.	7/22/1986	33
Polly P.	7/26/2006	13	Val D.	7/11/1986	33
Rebecca E.	7/4/2006	13	Susan H.	7/10/1985	34
Richard L.	7/10/2006	13	H. M. Mc.	7/1/1984	35
Jeremee	7/21/2005	14	Larry R.	7/7/1981	38
Monica M.	7/20/2005	14	Luanne	7/16/1981	38
Tammie M.	7/22/2005	14	Kate M.	7/28/1978	41
Lynn K.	7/1/2004	15	Nancy H.	7/31/1977	42
Diane C.	7/25/2003	16	Jerry G.	7/28/1976	43
Garv G.	7/11/2003	16	Mike H.	7/21/1976	43

Get your groups birthday list to Central Office . . . That's how they appear here!

Total Years = 1,934

Managers Corner

Have you considered participating in the **Faithful Fivers** club of alcoholics who are so grateful for our sobriety we want to share it with others? SIGN UP TODAY!! Congratulations Felix O. . . June's Birthday Raffle winner!!

Thank you Jeffrey R., Nancy N., Sheila G., Vincent B., & Jerry H. for joining the growing Faithful Fivers Club ~ and to all who have made the decision to be part of the SOLUTION!

Thank You Saturday Volunteers!!

Don't forget to visit us on the Web!

1st ~ Larry W. & Lori D.

2nd ~ Wendy W. & Jon C

3rd ~ Debbie L. & Cindy D.

Scoop 4

4th ~ Stephanie S. & Karen M.

5th ~ Deborah Z. & Vacant

